



Saturday 14 September 2019



2019 HPA "Steps Towards Capability"

Darwin Trailer Boat Club

Preliminary,

On Saturday the 14th of September 2019 the Darwin community will once again collaborate with the disability community and come together at the Darwin Trailer Boat Club to bring capability to the sector through awareness, interaction and valued insights.

The Vision & Outcomes

One of the most significant challenges for people with a disability, whether it be physical or psycho-social, is the 'stigma' that often initially confronts them from the wider community. This stigma often creates perceptions around their ability to engage in employment, recreation and make a contribution to society. One of HPA's core visions is to work within the NT Community to "break down these barriers" and provide valid engagement and opportunities. The breaking down of these barriers provides impactful and quantifiable outcomes for both parties!

"Steps Towards Capability" is a project that creates a direct opportunity for the NT community and the disability sector to interact and collaborate through sport, music, dance art, exercise and conversation. While the outcomes of this annual event will directly impact on those participating-there is no doubt that there will be wider and ongoing benefit to the wider community as the participants share, and act on, their learnings.

Scope

Pre -event

Prior to the event "Steps Towards Capability" targets up to 10 schools and 10 corporates with education kits that provide key information to create awareness around the stigma surrounding disability. The kits also provide a supported pathway for both groups to be directly involved in the event. The kit and the pathway to the event are also promoted to the wider NT community through a comprehensive social media and public advertising campaign. HPA will set up a "GoFundMe" platform to encourage schools, corporates and the wider community to assist with the funding of ongoing HPA Projects. There will be valued prizes for a broad range of fundraising categories.

The Event

The event has three elements; an insightful Expo, collaborative Activities and a beneficial walk.



P 08 8947 0681 | E inspire@hpa.net.au | W www.HelpingPeopleAchieve.com.au

PO Box 37746, Winnellie NT 0821 | 22 Albatross Street, Winnellie NT 0820

ABN: 13 506 264 631

The Fundraiser Walk

The “Steps Towards Capability” fundraising walk registrations start at 8.00 with the walk taking place at 9.00 am. It is a simple 7.0 km stroll from the Darwin Trailer Boat Club to Dudley’s Point and back taking around 40 minutes. A shorter course will also be available. Hydration and First Aid stations will be supplied at 900 meter intervals on the route. There will be great opportunities for you to meet new people and buddy up for the walk. There will be a presentation on the completion of the walk at 10.30 including great prizes for the highest contributors in age groups, schools and corporates.

Expo

The “Steps Towards Capability” Expo is also a pathway to create increased community awareness and interaction with the disability community. The previous event provided an opportunity for disability service providers to attend the event and exhibit. This provided an invaluable opportunity for the community to gain information and understandings on the services and products that these organisations provided. This was provided at no cost to the organisations. This Expo will run from 8.00 am till 2.00 pm. There will be two elements to the Expo. The ‘Exhibitors’ and the ‘Activities’

The Exhibitors are disability service providers who will exhibit and promote their services and products. This will allow the attending public to learn about who these services are and what part they play in the disability sector. These will potentially include: Helping People Achieve, Total Recreation, Somerville Community Support, Carpentaria, Be Inclusive Games ,Henbury School and others

Activities

The exciting Activities will provide an invaluable opportunity for the NT community to attend and to actively take part in a range of sporting, art and recreation activities with members of the disability community.

Sport

The sport initiatives will include sports supported by Total Recreation, this range of activities will revolve around ball skills and team competition with blended teams of disability and community. This will include Seated Volley Ball, Table Cricket and other sports.

Art

Art initiatives which will comprise of a range of fine art activities including acrylic to canvas and storytelling and therapy through sketch and paint. This will also be a collaborative activity. This will be supported by HPA and individual art teachers.

Dance & Music

Dance based on Total Receptions highly successful ‘Dancing with the Celebrities’ and supported by dance teacher Bronwyn Hayes, this activity will focus on the outcomes from

dance opportunities for mature age and disability sectors in the community. Music workshops will be provided by Carers NT and Carpentaria Disability.

FishAbility

This will engage Darwin Trailer Boat Club and a keen team of anglers who will teach some water safety and fishing skills.

Sailing

There is the potential for a sailing activity which will take place at Darwin Sailing Club (DSC) in association with Australian Sailing. This program on the day would provide supported training for individuals to give them confidence around small craft sailing and water activities. Members of the sailing community will assist with crewing, launching, rigging and other activities

'Steps Towards Capability' Outcomes

The lead into this event and the day will provide a unique, impactful and effective opportunity for the wider Darwin community to join us and gain insights on how they can collaborate to bring capability and support to the disability community. The Expo will allow people to 'buddy up' through the activities to share understandings and learnings. The Walk is a chance for individuals, schools and corporates to make a quantifiable difference with fundraising towards our 2019 HPA projects.

There are direct outcomes for the Exhibitors from disability service providers who will exhibit and promote their services and products. This will allow the attending public to learn about "who these services are" and what part they play in the disability sector.

There will be a range of measure of the outcomes from the project. While attendance will be one measure, more importantly will be the individual and collective learnings, interactions and experiences that those attending will be able to apply to their future pathways with the sector.

HPA are proud of the "Steps towards Capability" event project and are grateful to the NT Government for their strong support through Community Benefit Grant funding.

Yours sincerely

Tony Burns

Chief Executive Officer

HPA "Helping People Achieve"

Phone: 08 8947 0681

Mobile 0424 258 240